

ADVENTURE
BASE

MINI ADVENTURES

OUT OF OFFICE: 001 - ICE CLIMBING

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We have a rule that every month we get out of the office, away from the noise and in to the great outdoors. This month Olly decided ice climbing was the activity of choice so we called upon Pablo one of our mountain guides to show us what it's all about. Many of you will know Pablo from your trips with us but for those that don't, make sure you watch all the way to the very end where he'll introduce you to his good friends...

With sandwiches and ice axes packed we headed out on the road in search of Ice. The Cascade Stassaz in Megeve to be precise, only 30 minutes away from our Chamonix office. According to the Spanish mountain goat Pablo, this winter had been one of the best for great ice. Although both Olly and I have ice climbed before, it had been a while so we were keen to get those crampons and ice axes buried in the water fall. A quick '10 minute' walk up to the ice fall followed by a thorough recap of the 'do's' and 'don'ts' from Pablo and we were on our way. Rather than go on about it, we put together a quick video of the escape. Check out our little adventure below.

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For us here at Adventure Base there's nothing we enjoy more than getting outside and in to the elements. The only thing that tops that is good company. When you combine the two it makes for something pretty special.

Sometimes we spend a little too much time behind the desk, or working out what to do rather than just doing it. Whether you've got mountains on your doorstep or you have to stay pretty close to home, get out and get some fresh air.

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