

MINI ADVENTURES

OUT OF OFFICE: 003 - FAT BIKING

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We have a rule that every month we get out of the office, away from the noise and in to the great outdoors. This month we decided electric fat bikes would make for an interesting outing. Neither of us have any experience doing this so it was a bit of steep learning curve but we got there in the end... sort of!

Fat bikes have been growing in popularity recently and are characterised by big chunky wheels you find on the bike. They allow for riding on soft, unstable terrain, such as snow, sand, bogs and mud which makes them pretty versatile. But that wasn't the only thing special about these bikes as they were also electric bikes. Amazing for those uphill sections where you need a little boost and great for keeping those legs fresh when you get to the top.

For Olly and I this was our first time on an electric fat bike so we were prepared for a few mistakes and a little adventure. In many ways this is what made it so exciting for us. We knew by the end of the day we would have a much better idea as to what we needed and how to do it, but getting there was going to be fun. We're big believers in getting out of your comfort zone and experiencing something new. If you don't already, we encourage you all to try it... it's addictive.

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For us here at Adventure Base there's nothing we enjoy more than getting outside and in to the elements. The only thing that tops that is good company. When you combine the two it makes for something pretty special.

Sometimes we spend a little too much time behind the desk, or working out what to do rather than just doing it. Whether you've got mountains on your doorstep or you have to stay pretty close to home, get out and get some fresh air.

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