

OUT OF OFFICE: 007 - TOUR DU MONT BLANC TREK

We have a rule that every month we get out of the office, away from the noise and in to the great outdoors. This month we tackled another big one... the Tour du Mont Blanc

The Tour du Mont Blanc trek is an incredible opportunity to completely immerse yourself in the mountains and enjoy the natural beauty of the seven valleys that surround western Europe's highest mountain. The full trek takes around 180km's to complete and over 10,000m of elevation gain. What a gem it was.

If you want to learn more about doing the Tour du Mont Blanc trek head over to our webpage here for the 9 day trip or here for the 4 day trip.

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For us here at Adventure Base there's nothing we enjoy more than getting outside and in to the elements. The only thing that tops that is good company. When you combine the two it makes for something pretty special.

Sometimes we spend a little too much time behind the desk, or working out what to do rather than just doing it. Whether you've got mountains on your doorstep or you have to stay pretty close to home, get out and get some fresh air.

Want to see more videos like this? Click here.