

"THERE'S NO SUCH THING AS A BAD WEATHER, ONLY INAPPROPRIATE CLOTHING" RANOLPH FIENNES

# NORTH WALES ALPINE PREP KIT LIST

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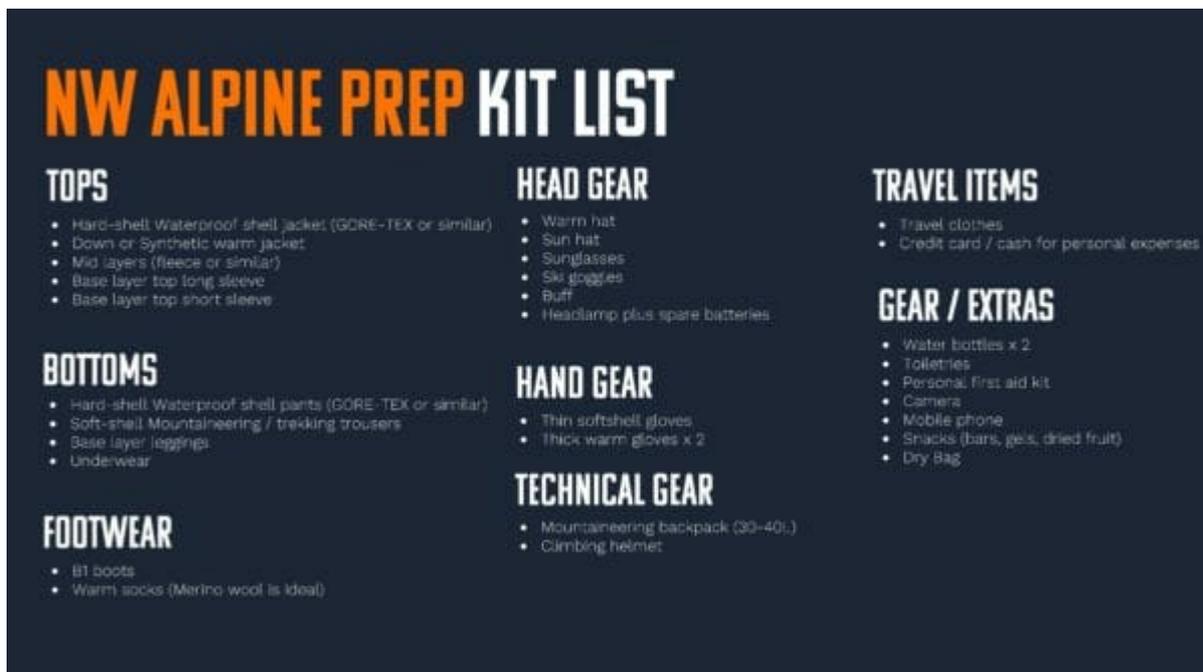
We get it... it can be quite daunting when looking at the kit requirements for a trip like this. The good news is if you're an outdoor enthusiast then you're likely to have quite a lot of this kit already. If not, it might seem like an investment at first but once you've got the kit you're set for other popular mountain routes like Mont Blanc, Matterhorn, Elbrus, the Eiger and the Monte Rosa .

Below is a list of our recommended kit for your trip.

You can find more detailed information below and what that looks like on the trip page here. As always, if you have any questions or concerns then drop us a message.

## KEY CLOTHING ITEMS

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### HARDSHELL WATERPROOF JACKET

A hardshell jacket of Gore-Tex, or similar standard, is one of your key pieces of kit. Make sure it's big enough to put over multiple layers and that it comes with a hood. You'll use this if the weather becomes a little wild and you need protection from wind and rain. Something like: The 'Hodr', 'Grim' or 'Odin' Jottnar hardshell jacket.

### INSULATED MID LAYER

There are a few options here depending on your preferences but this layer needs to be a warm thick fleece, a softshell or a light down jacket. This is one of your key insulating layers so something comfortable and technical is recommended. Something like: The 'Asger' or 'Floyen' jackets from Jottnar are ideal.

## **LONG SLEEVE BASE LAYER TOP**

Some long sleeve lightweight mid layers are required as they will be the second piece of your layering system. Something like: The 'Svend' or 'Tyer' from Jottnar.

## **SHORT SLEEVE BASE LAYER TOP**

The first of your layering system. A top tip is to look for an anti-microbial treatment to keep things as fresh as possible. Something like: The 'Ove' or 'Mar' from Jottnar.

## **HARDSHELL / WATERPROOF SHELL PANTS**

Hardshell trousers of Gore-Tex, or similar standard, are required for this trip. Ideally they come with side zips to provide a little more ventilation when you're working hard. Something Like: The 'Valdyr' from Jottnar works well.

## **SOFT-SHELL MOUNTAINEERING / TREKKING PANTS**

This is the trouser you will spend a lot of your time in so make sure it's comfortable. Something like: The 'Valen' from Jottnar is ideal.

## **BASE LAYER LEGGINGS**

Make sure you've got some full leg, lightweight leggings to keep you warm and toasty incase of cold weather.

## **B1 BOOTS**

These need to be an all round 4 season walking boot which are stiffly constructed for winter hill walking and scrambles. If you only have a pair of B2s, they will be fine for this trip too.

## **HATS / FACE COVERINGS**

You'll need a sun cap, a warm hat that covers your ears and a buff or balaclava. The idea should be that if needed, you can cover your whole face.

## **EYEWEAR**

We recommend carrying Cat. 3 sunglasses that offer 100% UV protection, such as VALLON Heron Mountain, or Waylons sunglasses.

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## **HAND GEAR**

You will need a thin soft-shell glove that provides protection in the cooler temperatures and 2 pairs of thick warm gloves that are ideally Gore-Tex or similar and must be waterproof.

## **PACKS**

We recommend a 30-40 litre pack but it all depends on how you light to pack and what you like to bring.

## **CLIMBING HELMET AND HARNESS (CAN BE RENTED ON REQUEST)**

A lightweight climbing helmet and harness are essential for these trips. Something like: The Black Diamond 'Vision' Helmet and Black Diamond Momentum harness would work well.

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