

ADVENTURE
BASE

EIGER ITINERARY

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The Eiger is one of the most sought after summits in the Alps and a formidable challenge for any keen mountaineer. Located in the Bernese Alps of Switzerland, this is a major Alpine classic steeped in historic tales of heroic climbing. On this trip we climb via the Mittellegi ridge.

While we try and stick to the tried and tested itinerary below, the mountain and the weather sometimes has other ideas. We will always remain as flexible as possible, which is why we only work with experienced and knowledgeable guides, to make sure we can change any plans if required.

DAY ONE:

ARRIVAL DAY

You meet with your guide in the evening at the accommodation to go through the plan for the week as well as discuss the current weather and mountain conditions. Here you will have a chance to go through your kit under the experienced eye of your guide and ask any questions that you may have.

DAY TWO:

FIRST DAY IN THE MOUNTAINS

Warm up day on a fantastic alpine route above Chamonix. Always good to spend the first day refreshing skills and familiarising yourselves with our guides and your other team mates on the course.

DAY THREE:

OVERNIGHT IN A MOUNTAIN HUT

Two full days spent in the high mountains above Chamonix, overnighing in a mountain refuge to help with acclimatisation. Typical routes would be traversing the Aiguilles Entreves, climbing the Tour Ronde and the Dent du Geant.

DAY FOUR:

MORE ALPINE ROUTES

You spend a second day in the high mountains above Chamonix. Typical routes would be traversing the Aiguilles Entreves, climbing the Tour Ronde and the Dent du Geant, before returning back down to Chamonix at the end of the day. This is the final preparation for the Mittellegi ridge on the Eiger and are superb routes in themselves.

DAY FIVE:

HEAD TO GRINDELWALD

Today you'll head to Grindelwald in the Bernese Oberland of Switzerland via transfer and take the famous mountain train before continuing on foot to the Mittellegi hut, ready for your summit push the following day.

DAY SIX:

CLIMB THE EIGER

Summit day has arrived and with all the preparation and acclimatisation you have done, you set off to climb the Eiger and then descend to the Mönchsloch Hut via the south ridge. Once down from the Mönchsloch Hut you'll be transferred back to Chamonix.

DAY SEVEN:

SPARE DAY / RETURN TO CHAMONIX

There is one spare day built in to the itinerary in order to facilitate extra training if required and / or to move the summit day based on weather and mountain conditions. All of this is aimed at giving you the best chance of making the summit.

DAY EIGHT:

DEPARTURE

Departure.