



# SKI TOURING INTRO ITINERARY

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Introducing keen skiers to the exciting world of ski touring. This is great preparation for our ski touring trips and an essential confidence builder for those with no previous ski touring experience.

While we try and stick to the tried and tested itinerary below, the mountains and the weather sometimes have other ideas. We will always remain as flexible as possible, which is why we only work with experienced and knowledgeable guides, to make sure we can change any plans if required.

## DAY ONE:

### ARRIVAL DAY

Arrive in Chamonix. Get to know the guides and other members of the group over a delicious 3 course evening meal. Overnight in the Hotel.

## DAY TWO:

### FIRST DAY SKIING

First day skiing. We head out for a few resort runs to warm up the legs. After a short while we'll go off-piste and get to know our ski touring equipment in a safe and mellow environment. We do our first short ski tour and ski back down to the valley floor. Overnight in the hotel.

## DAY THREE:

### BIG DAY IN THE MOUNTAINS

If the conditions and ability of the group allow we will head to up to a mountain refuge to experience what it's like to sleep in a mountain refuge and enjoy the warm hospitality and food. We ski tour to our chosen refuge based on the current weather and conditions and aim to progress our skills during the day in terms of avalanche awareness and more ski touring techniques. Overnight either in the hotel or in the mountain refuge.

## DAY FOUR:

### CULMINATION OF SKILLS

Early start for our last ski tour of the trip. We head out early and enjoy a beautiful ski tour, putting all our skills and knowledge into practice. With tired legs we head back to Chamonix in evening for a well deserved dinner and to reflect on the new skills and knowledge that you've picked up. After completion of this course you should be in a good place to take on one of our multi day ski tours such as the Haute Route or Gran Paradiso. Overnight in the hotel.

## **DAY FIVE:** **DEPARTURE**

Departure after breakfast. Check out is 10:00 am.