

A man in an orange jacket and helmet is ice climbing. He is using a black-handled ice pickaxe to ascend a frozen waterfall. He is wearing yellow gloves and has a climbing harness with various tools attached. The background is a snowy, mountainous landscape.

ADVENTURE
BASE

ICE CLIMBING INTRO ITINERARY

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Whether it is mountain ice or frozen waterfalls, ice climbing is superb and always an ultra rewarding outdoor experience. The ‘thunk’ of your axes bedding into the ice, and the beauty of the mountains in winter is hard to beat.

While we try and stick to the tried and tested itinerary below, the mountain and the weather sometimes has other ideas. We will always remain as flexible as possible, which is why we only work with experienced and knowledgeable guides, to make sure we can change any plans if required.

DAY ONE:

ARRIVAL DAY

We meet in the evening to go through the plan for the next 3 days. Once you have arrived in Chamonix we will have a guide briefing and run through the equipment check and field any questions you may have.

DAY TWO:

FIRST DAY ON THE ICE

We depart Chamonix early in the morning and drive to a local climbing crag to learn the basics of ice climbing. There are many world class climbing areas in and around Chamonix and we will base ourselves across this area for the duration of this course. Day 1 will be an introduction to all the equipment and basic techniques followed by enjoying your very first ice climb.

DAY THREE:

ROUND TWO

After a hearty breakfast we set off for a full day of ice climbing testing our newly learned skills. Expect to learn progression techniques and get to grips with how the climbing flows.

DAY FOUR:

PUT THOSE SKILLS TO THE TEST

Today is our final day and we will select the best fitting climbs for the group. It's all about enjoying the day and putting the newly learned skills to the test.

DAY FIVE:

DEPARTURE

Time to pack up and head home.