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# CHOOSING THE RIGHT BACKPACK FOR THE SUMMER TOUBKAL TREK

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When preparing for the Summer Toubkal Trek, choosing the right backpack is essential for ensuring comfort and ease on the trail. This trek is unique in that your main luggage will be transported for you, so you'll only need to carry a smaller daypack with your daily essentials. In this journal, we'll guide you through what to look for in a daypack and offer some recommendations for the Toubkal Trek.

## DAYPACK SIZE: WHAT YOU NEED TO CARRY

For the Summer Toubkal Trek, a 20-30 litre daypack is perfect for carrying everything you'll need during your hikes. Your main luggage, including your sleeping bag, will be transported for you, so there's no need to pack heavy.

## BACKPACK RECOMMENDATIONS FOR THE TOUBKAL TREK

If you already have a daypack from a previous trek, such as the Tour du Mont Blanc (TMB), that should work perfectly. However, if you're looking for a new pack, here are a few recommendations:

### OSPREY TEMPEST 24

This lightweight pack is comfortable, easy to carry, and well-suited to shorter treks like Toubkal. It features a ventilated back panel to keep you cool and enough space for all your daily essentials. This backpack is designed for women.



### OSPREY TEMPEST VELOCITY 30

For those who prefer a slightly larger pack, the Tempest Velocity 30 offers more room while still being lightweight and comfortable. It's great if you like to carry a few extra items, such as a camera or additional layers.



## DEUTER SPEED LITE 25

The Deuter Speed Lite 25 is a minimalist pack that's perfect for hikers who like to keep things simple. It's ultralight, has excellent ventilation, and is easy to carry on long trekking days.



## OSPREY TALON 26

This lightweight and versatile pack is perfect for shorter treks. The Talon 26 offers excellent comfort with a ventilated back panel and enough space for daily essentials, making it a reliable choice for long days on the trail. This backpack is designed for men.



## **SPECIAL CONSIDERATIONS FOR THE TOUBKAL TREK**

While you won't need to carry a sleeping bag in your daypack, you will need one for the trek. Your sleeping bag will be transported in your main luggage, so there's no need to worry about fitting it into your daypack. For detailed guidance on what to pack, be sure to check out our kit list for this trek.

For more details on backpack recommendations for trekking trips like the Tour du Mont Blanc, Walkers Haute Route or Dolomites Alta Via, check out our other journal entry that covers those treks in detail.