

ADVENTURE
BASE

WHY WALK ON SOLID GROUND WHEN YOU CAN DANGLE OFF A CLIFF WITH A METAL ROPE?

**ENHANCE YOUR ALTA VIA 1 TREK
WITH A VIA FERRATA
ADVENTURE!**

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VIA FERRATA ADD-ON FOR THE ALTA VIA 1.

Ready to Take Your Trek to New Heights? Choose Your Adventure! From family-friendly routes to thrilling climbs, we have the perfect via ferrata experience for everyone.

Via ferrata climbing is an exciting way to experience the Dolomites up close. With over 15 scenic via ferrata routes in the Cortina area, you can enhance your Alta Via 1 adventure with a guided, unforgettable climb.

CHOOSE YOUR VIA FERRATA ROUTE

EASY VIA FERRATA - TORRIONI POMEDES - RA PEGNA

- **Duration:** 2 hours
- **Area:** Tofane
- **Elevation Gain:** Total: 200 m | Ferrata: 100 m
- **Description:** Itinerary for all, especially suitable for beginners and families with children starting from the age of 7. During the closing periods of the chairlift, it is easily reachable from the road of Rifugio Dibona, junction for Duca d'Aosta.
- **Included:** Guide (4:1 ratio), harness, helmet, and via ferrata kit. Transport to and from hotel in Cortina.

ASCENT DESCRIPTION

The ascent takes place on the East side of the tower called Ra Pegna. The nails follow the natural lines of fracture of the rock and, in a short time allow to reach the top located at 2240 M. The itinerary has no particular difficulty and after the top, an iron staircase allows you to reach the path to return.

DESCENT DESCRIPTION

After the summit, a slight descent leads to a ladder that allows you to reach the path in a short time to return. A good alternative for the descent is to take the "Camosci" trail to Piè Tofana.

NOTE

Although dedicated to beginners, this ferrata must be tackled with the necessary equipment and prudence, especially with children. Concatenated with the Astaldi Trail, it represents a valid alternative on days of uncertain weather conditions.



MODERATE VIA FERRATA - COL DEI BOS - VIA FERRATA DEGLI ALPINI

- **Duration:** 3 hours
- **Area:** Lagazuoi
- **Elevation Gain:** Total: 500 m | Ferrata: 300 m
- **Description:** The relatively short access makes it one of the most popular route. It develops along the western arete of **Col dei Bos** and the most difficult part is at the very beginning, once you get through it, the difficulty is medium. Excellent ferrata to do even in late autumn, when the wood is tinged with gold. It's steep in the first part with about 80 mt. of vertical wall. At the exit on the detritic ledge, continue until you pass a panel exposed, but not long. The exit on easy rocky slopes marks the end of the hardest part. The last piece is again challenging, with a dihedral that leads to a prative tract. Excellent via ferrata to do even in late autumn, when the forest is full of colors.
- **Included:** Guide (4:1 ratio), harness, helmet, and via ferrata kit. Transport to and from hotel in Cortina.

ASCENT DESCRIPTION

The path is logical along the pyramid of the Col of Bos. It is steep in the first part with about 80 mt. of vertical wall. At the exit on the detritic ledge, continue until you pass a panel exposed, but not long. The exit on easy rocky slopes marks the end of the hardest part. The last piece is again challenging, with a dihedral that leads to a prative tract. After the meadow begins the second part of the ferrata that consists of passages much easier. The equipped part ends on a small fork, following the line of omit you reach the last stretch of ferrata of about 100 mt., fun and well assured that ends on a prairie, from where you can have a wonderful panorama on the surrounding peaks.

DESCENT DESCRIPTION

At the exit of the itinerary continue westward, on meadows and scree and crossing a valley between Col dei Bos and the Towers Falzarego. In a short time you can reach the "Ospedaletti " and then return to the parking "da Strobel".



DIFFICULT VIA FERRATA – PUNTA ANNA – VIA FERRATA G. OLIVIERI

- **Duration:** 5 hours
- **Area:** Tofane
- **Elevation Gain:** Total: 1400 m | Ferrata: 300 m
- **Description:** This ascent, equipped exclusively with fixed ropes, follows the vertical south corner of the **Punta Anna** the Great spur delimiting the **Tofana di Mezzo**. Surely it is one of the most interesting and beautiful equipped itineraries of the Dolomites. Of great satisfaction for its verticality and exposure. Very exposed and airy, the street is suitable for the most experienced hikers. The access to the lifts allows to evaluate the degree of shape reached.

- **Included:** Guide (4:1 ratio), harness, helmet, and via ferrata kit. Transport to and from hotel in Cortina.
- **Not Included:** It is possible (but not mandatory) to take the chairlift and it is not included: return lift ticket PièTofana Pomedes seggiovia 19,50 euro per person (2024 price)

ASCENT DESCRIPTION

The path, exposed and at times very vertical, develops first for the east wall to continue then always for the south edge of the Punta Anna. In about 1 hour you will arrive to touch the top of the shoulder of Punta Anna. From here you can also continue by the ridge, in the direction of the third tower Pomedes, reaching first the Bus de Tofana and then the descent.

DESCENT DESCRIPTION

1° – Descent for the scree of the Bus de Tofana: reached the trail 403 you go down until the Rif. Dibona (who climbed with lifts take the trail 421 for Rif. Pomedes).

2° – From the Bus de Tofana follow the path towards the station of the cable car until you meet the crossroad to trail G. Olivieri.



VERY DIFFICULT VIA FERRATA - FALORIA - VIA FERRATA SCI CLUB 18

- **Duration:** 4 hours
- **Area:** Monte Faloria
- **Elevation Gain:** Total: 650 m | Ferrata: 380 m
- **Description:** The most challenging route, perfect for experienced climbers with excellent fitness. It is rightly considered the most demanding ferrata of the Conca. Vertical and sporty, needs good fitness shape.
- **Included:** Guide (2:1 ratio), harness, helmet, and via ferrata kit. Transport to and from hotel in Cortina.

- **Not included:** It is possible (but not mandatory) to take Faloria cablecar – Not included: return lift ticket Faloria cable car 22,00 euro per person (2024 price)

ASCENT DESCRIPTION

Once reaching the point of attack, at the base of the cracks of Faloria, the itinerary rises immediately **vertically**.

Compared to the ascent line of the cable car, it moves slightly to the right, offering unbeatable views over the valley and the surrounding peaks. It is well equipped, and the most sporty traits can be overcome thanks to steps. It offers very varied passages, with fireplaces, ledges and a very short, slightly overhanging section.

The last stretch comes out in a ledge rich in pinnacles, in view of the Rifugio Faloria. It is still necessary to have a good general fitness and never underestimate its exposure.

DESCENT DESCRIPTION

You can easily descend by cable car or walk along the 212 trail to the Midway station and then to the car park.



For any further details or questions, feel free to reach out. We're happy to help customise your adventure.

Get in touch at hello@adventurebase.com to book your via ferrata.