

ADVENTURE
BASE

"TAKE ONLY MEMORIES, LEAVE ONLY FOOTPRINTS." ~ CHIEF SEATTLE

SUMMER TRIGLAV ITINERARY

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While we try and stick to the tried and tested itinerary below, the mountain and weather, as well as the accommodation availability, sometimes have other ideas. We will always remain as flexible as possible to make sure we can change any plans if required.

For more information on your trip please head back to our website [here](#). If you have any questions please don't hesitate to reach out to us [here](#).

We look forward to getting you out on our Triglav adventure.

DAY 1:

MORNING PICK UP FROM BLEĐ

We will start our trip by picking you up in the lakeside town of Bled and driving to Planina Blato above Bohinj (45min from Bled). Our meeting time depends on the forecast and time of the year and will be set a day or two before the tour but plan for 08:00. After a quick gear check, we will start walking in the forest and through mountain pastures, slowly starting to gain altitude before reaching the Vodnik hut after about 4h. There is a freshwater spring there as well as an opportunity to eat a quick lunch. After another 2h of uphill hiking, we reach Planika Lodge, our home for the night.

12.8km / 1600m up / 400m down / 6 hours

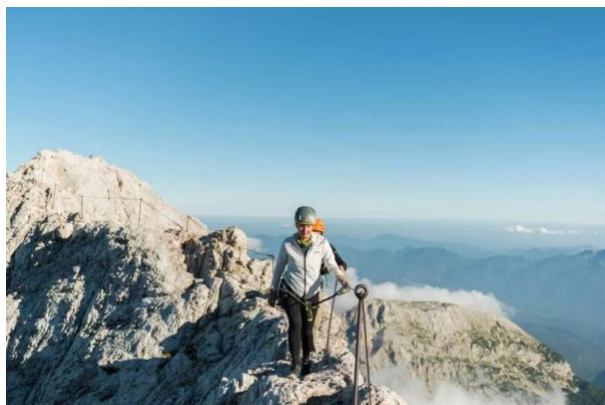


DAY 2:

TRIGLAV SUMMIT DAY (2864M)

Today is your Triglav summit day. We will gear up with our Via Ferrata kit and start climbing Triglav early in the morning. The climb takes around 1.5h and from the summit we descend to the other side, reaching the Dolič mountain hut after around 2.5h. After a welcome break, another short but easy climb awaits us before descending to the Prehodavci Lodge. There we slowly descend through the beautiful Seven Lakes Valley, reaching our resting lodge at the Double Lake to celebrate with a well-earned meal and drink.

14 km / 800m up / 1450m down / 6 hours



DAY 3:

DESCENT AND END OF TRIP

Our last day is easier on the legs, as we slowly make our way past authentic mountain pastures descending back to our car. If there is energy left in the tank, there is also an opportunity to reach another viewpoint on the way down. We are usually back at our road transport early in the afternoon. We then make the 45min drive back to Bled and say our goodbyes.

9km / 340m up / 860m down / 4 hours



