



FAQ'S

BERNESE OBERLAND SKI TOUR: FREQUENTLY ASKED QUESTIONS

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We've compiled a list of the most commonly asked questions about this trip.

Hopefully you find some of these useful but if you have a specific question that isn't covered in the FAQ's, then please do not hesitate to get in touch.

For more information please head over to our Bernese Oberland Ski Tour page [here](#).

WHAT IS THE BERNESE OBERLAND SKI TOUR?

The Bernese Oberland Ski Tour is a **classic high-alpine ski traverse** in Switzerland, covering breathtaking glacier terrain, remote mountain huts, and thrilling ski descents. It's one of the most scenic and rewarding ski tours in the Alps.

HOW DIFFICULT IS THE BERNESE OBERLAND SKI TOUR?

This is a **challenging ski tour** requiring a good level of fitness, off-piste skiing experience, and familiarity with ski touring techniques. You'll be covering **1,000m+ of ascent per day** and skiing in high-altitude glacial terrain.

DO I NEED PREVIOUS SKI TOURING EXPERIENCE?

Yes, participants should have previous ski touring experience and be confident skiing **black runs and off-piste in variable snow conditions**. Some experience using crampons and ski mountaineering equipment is also recommended.

WHAT IS THE BEST TIME TO DO THE BERNESE OBERLAND SKI TOUR?

The best time for the Bernese Oberland Ski Tour is from **March to May**, when the snowpack is stable, and the weather is generally favorable for ski touring.

HOW LONG IS THE BERNESE OBERLAND SKI TOUR?

Our **guided ski tour typically lasts 6-7 days**, covering a traverse through the Bernese Alps, with overnight stays in high-altitude mountain huts.

WHAT IS THE DAILY ITINERARY LIKE?

Each day involves ski touring over glaciers and high mountain passes, with ascents of around **800–1,200m** and exhilarating ski descents. Nights are spent in traditional Swiss alpine huts, offering food, warmth, and camaraderie.

DO I NEED SPECIAL EQUIPMENT?

Yes, you'll need:

- Touring skis with pin bindings and skins

- Ski touring boots
- Avalanche safety gear (beacon, probe, shovel)
- Crampons and ice axe
- Harness and crevasse rescue equipment

A full kit list can be found [here](#).

WHAT ARE THE MOUNTAIN HUTS LIKE?

The mountain huts are **cozy and well-equipped** with shared dormitory-style rooms, hearty meals, and a welcoming alpine atmosphere. They provide basic bedding, but a lightweight sleeping bag liner is recommended.

HOW FIT DO I NEED TO BE?

A **strong fitness level** is required. Expect **5-8 hours of skiing per day**, with long ascents and descents while carrying a backpack. Endurance training and ski touring preparation are essential.

WHAT IF THE WEATHER IS BAD?

Our guides monitor conditions closely. If necessary, we may adjust the route, change plans, or move to a safer alternative. Safety is always our top priority.

DO I NEED TRAVEL INSURANCE?

Yes, **insurance covering ski touring, rescue, and medical evacuation** is mandatory for this trip.

HOW DO I BOOK THE BERNESE OBERLAND SKI TOUR?

You can book directly through our website or contact us for available dates. Spaces are limited, so we recommend booking early.

For more information please head over to our [Bernese Oberland Ski Tour](#) page here.