

ADVENTURE
BASE

PLAN SMART. TREK EASY—SHORTCUTS AND LOGISTICS MAKE THE JOURNEY SMOOTHER!

THE ALTA VIA 1 SELF GUIDED TREK: SHORTCUTS & LOGISTICS

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The Alta Via 1 is an incredible adventure, but sometimes things don't go as planned—and that's okay! Whether you need a quick escape, a shortcut to save time, or a smoother way to navigate the logistics, this guide has you covered. From transport tips to alternative routes and exit points, you'll always have a way to adjust your journey without missing out on the experience.

For detailed information on how to get to Lago di Braies the starting point for the Alta Via trek please see here: [Getting To Your Adventure: The Dolomites, Alta Via 1](#)

Several alternate routes along the Alta Via 1 also serve as shortcuts. These alternative paths are listed on your itinerary app under each day's routes, giving you the option to choose them if preferred.

Taxi options:

Taxi Cortina / +39 3384889793

Taxi Afo / +39 347 94 20 530

DC Transfers / booking@dctransfers.it

Cab Unterhofer / +39 348 672 08 63

Cab Rizzo / +39 329 460 61 90

Main Cable Car Options:

Rifugio Lagazuoi Gondola

- [High season timetable](#)
- [Low season timetable](#)

Chairlift Duca d'Aosta / Chairlift Pie Tofana

- [Timetable](#)

Cortina-Col Druscie Cable Car

- [Timetable](#)

Chairlift Cinque Torri

- [Timetable](#)

Main Bus Stops: (*Dolomiti Bus, Cortina Express, SAD, Pragz.bz, ATVO buses, FlixBus*)

Lago di Braies

Belluno

Pederu (via San Vigilio)

Sare / Sciaré – Bus stop (Off Scotoni variant)

Passo Giau

Passo Falzarego (nearby Lagazuoi)

Cortina

Passo Staulanza

Forno di Zoldo (Exit at Malga Pramperet)

La Pissa

11 DAY

Lago di Braies – Rifugio Biella

Shortcut: N/A

Escape Route: Road by Lago di Braies.

Rifugio Biella – Rifugio Fanes

Shortcut: N/A

Escape Route: From Rifugio Sennes Take path n.6A and then 6 all the way to Malga Ra Stua (car access) / Road by Rifugio Pederü.

Rifugio Fanes – Rifugio Lagazuoi

Shortcut: From Capanna Alpina a taxi can be arranged to reach Passo Falzarego, then take the cable car to Rifugio Lagazuoi.

Escape Route: Walk past Lago de Limo and, before reaching Ütia de Gran Fanes, at the junction take path n.10 all the way to the road and the car park at S. Umberto / Capanna Alpina exit to Sare / Sciaré – Bus stop off the Rifugio Scotoni variant.

Rifugio Lagazuoi – Rifugio Nuvolau / Rifugio Averau

Shortcut: Cable car from Rifugio Lagazuoi to Passo Falzarego / Path 441 to Averau / Rifugio Scoiattoli can be reached with the chairlift starting at Rifugio Bai dei Dònes.

Escape Route: Take the cable car from Rifugio Lagazuoi down to Passo Falzarego. Road at Passo Falzarego.

Rifugio Nuvolau / Rifugio Averau – Rifugio Citta di Fiume

Shortcut: N/A

Escape Route: Take path n.439 to the chairlift by Rifugio Scoiattoli and take the lift down to the Passo Falzarego road. Road at Passo Giau / From Forcella Ambrizzola take the path n.434 to Rifugio Palmieri Croda da lago, from here take path n.432 to the road by Malga Fedèra (road closed in the summer but shuttle bus available).

Rifugio Citta di Fiume – Rifugio Coldai

Shortcut: N/A

Escape Route: Take the forest track n.467 to the Passo Staulanza road / Road at Palafavera.

Rifugio Coldai – Rifugio Vazzoler

Shortcut: N/A

Escape Route: N/A

Rifugio Vazzoler – Rifugio Carestiato

Shortcut: N/A

Escape Route: Follow path n.555 to the road by Capanna Trieste.

Rifugio Carestiato – Rifugio Pramperet

Shortcut: N/A

Escape Route: Road at Capanna Trieste / Road at Passo Duran / From Malga Moschesin take path n.542 to the road by La Valle Agordina / From Rifugio Pramperet take path n.523 to Malga Pramper and all the way to the road at Forno di Zoldo.

Rifugio Pramperet – Rifugio Pian de Fontana

Shortcut: N/A

Escape Route: From Rifugio Pramperet take path n.523 to Malga Pramper and all the way to the road at Forno di Zoldo.

Rifugio Pain de Fontana – La Pissa bus stop

Shortcut: N/A

Escape Route: Road at La Pissa bus stop.

9 DAY

Lago di Braies – Rifugio Sennes

Shortcut: N/A

Escape Route: Road by Lago di Braies / From Rifugio Sennes Take path n.6A and then 6 all the way to Malga Ra Stua (car access).

Rifugio Sennes – Rifugio Fanes

Shortcut: N/A

Escape Route: From Rifugio Sennes Take path n.6A and then 6 all the way to Malga Ra Stua (car access) / Road by Rifugio Pederü.

Rifugio Fanes – Rifugio Lagazoui

Shortcut: From Capanna Alpina a taxi can be arranged to reach Passo Falzarego, then take the cable car to Rifugio Lagazuoi.

Escape Route: Walk past Lago de Limo and, before reaching Ütia de Gran Fanes, at the junction take path n.10 all the way to the road and the car park at S. Umberto / Capanna Alpina exit to Sare / Sciaré – Bus stop off the Rifugio Scotoni variant.

Rifugio Lagazuoi – Rifugio Nuvolau / Rifugio Averau

Shortcut: Cable car from Rifugio Lagazuoi to Passo Falzarego / Path 441 to Averau / Rifugio Scoiattoli can be reached with the chairlift starting at Rifugio Bai dei Dònes.

Escape Route: Take the cable car from Rifugio Lagazuoi down to Passo Falzarego. Road at Passo Falzarego.

Rifugio Nuvolau / Rifugio Averau – Rifugio Passo Staulanza

Shortcut: N/A

Escape Route: Take path n.439 to the chairlift by Rifugio Scoiattoli and take the lift down to the Passo Falzarego road. Road at Passo Giau / Take the forest track n.467 to the Passo Staulanza road.

Rifugio Passo Staulanza – Rifugio Vazzoler

Shortcut: N/A

Escape Route: N/A

Rifugio Vazzoler – Rifugio Passo Duran

Shortcut: N/A

Escape Route: Follow path n.555 to the road by Capanna Trieste / Road at Passo Duran.

Rifugio Passo Duran – Rifugio Pian De Fontana

Shortcut: N/A

Escape Route: Road at Passo Duran / From Malga Moschesin take path n.542 to the road by La Valle Agordina. From Rifugio Pramperet take path n.523 to Malga Pramper and all the way to the road at Forno di Zoldo.

Rifugio Pain de Fontana – La Pissa bus stop

Shortcut: N/A

Escape Route: Road at La Pissa bus stop.

7 DAY

Lago di Braies – Rifugio Fanes

Shortcut: N/A

Escape Route: Road by Lago di Braies / From Rifugio Sennes Take path n.6A and then 6 all the way to Malga Ra Stua (car access) / Road by Rifugio Pederü.

Rifugio Fanes – Rifugio Lagazuoi

Shortcut: From Capanna Alpina a taxi can be arranged to reach Passo Falzarego, then take the cable car to Rifugio Lagazuoi.

Escape Route: Walk past Lago de Limo and, before reaching Ütia de Gran Fanes, at the junction take path n.10 all the way to the road and the car park at S. Umberto / Capanna Alpina exit to Sare / Sciaré – Bus stop off the Rifugio Scotoni variant.

Rifugio Lagazuoi – Rifugio Nuvolau / Rifugio Averau

Shortcut: Cable car from Rifugio Lagazuoi to Passo Falzarego / Path 441 to Averau / Rifugio Scoiattoli can be reached with the chairlift starting at Rifugio Bai dei Dònes.

Escape Route: Take the cable car from Rifugio Lagazuoi down to Passo Falzarego. Road at Passo Falzarego.

Rifugio Nuvolau / Rifugio Averau – Rifugio Coldai

Shortcut: N/A

Escape Route: Take path n.439 to the chairlift by Rifugio Scoiattoli and take the lift down to the Passo Falzarego road. Road at Passo Giau / Take the forest track n.467 to the Passo Staulanza road / Road at Palafavera.

Rifugio Coldai – Rifugio Carestiato

Shortcut: N/A

Escape Route: Follow path n.555 to the road by Capanna Trieste.

Rifugio Carestiato – Rifugio Pian de Fontana

Shortcut: N/A

Escape Route: Road at Passo Duran.

Rifugio Pian de Fontana – La Pissa bus stop

Shortcut: N/A

Escape Route: Road at La Pissa bus stop.

4 DAY

Lago di Braies – Rifugio Sennes

Shortcut: N/A

Escape Route: Road by Lago di Braies / From Rifugio Sennes Take path n.6A and then 6 all the way to Malga Ra Stua (car access).

Rifugio Sennes – Rifugio Fanes

Shortcut: N/A

Escape Route: From Rifugio Sennes Take path n.6A and then 6 all the way to Malga Ra Stua (car access) / Road by Rifugio Pederü.

Rifugio Fanes – Rifugio Lagazuoi

Shortcut: From Capanna Alpina a taxi can be arranged to reach Passo Falzarego, then take the cable car to Rifugio Lagazuoi.

Escape Route: Walk past Lago de Limo and, before reaching Ütia de Gran Fanes, at the junction take path n.10 all the way to the road and the car park at S. Umberto / Capanna Alpina exit to Sare / Sciaré – Bus stop off the Rifugio Scotoni variant.

Rifugio Lagazuoi – Cortina

Shortcut: Cable car from Rifugio Lagazuoi to Passo Falzarego / Chairlift Duca d'Aosta – Pie Tofana / Chairlift Col Druscie – Cortina

Escape Route: Take the cable car from Rifugio Lagazuoi down to Passo Falzarego. Road at Passo Falzarego.

LEAVING THE TREK FROM LA PISSA THE END POINT OF THE ALTA VIA TREK:

The end of the AV1 trek is rather underwhelming, finishing at the Pissa bus stop. Please note that the bus service is restricted on a Sunday and in the shoulder seasons so do check what day you will be finishing. The bus cost €4.50 in 2024 and **WAS ONLY PAYABLE IN CASH ON THE BUS.** It's a 20 minute bus ride to the nearest town of Belluno where you can catch a train or bus back to Venice or Cortina. There is also the option to take a taxi from La Pissa with the contacts at the top of the page.

Note: if you visit the tourist office in Belluno with your stamped AV1 passport they will give you a free AV1 badge pin.