

ADVENTURE
BASE

"TAKE ONLY MEMORIES, LEAVE ONLY FOOTPRINTS." – CHIEF SEATTLE

SUMMER TOUBKAL ITINERARY

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While we try and stick to the tried and tested itinerary below, the mountain and weather, as well as the accommodation availability, sometimes have other ideas. We will always remain as flexible as possible to make sure we can change any plans if required.

For more information on your trip please head back to our website [here](#). If you have any questions please don't hesitate to reach out to us [here](#).

We look forward to getting you out on our Toubkal adventure.

DAY 1:

ARRIVAL DAY IN MARRAKECH

Fly into Marrakech and meet the local Adventure Base team at the airport. Pick up from the airport in Marrakech at 16:00* and transfer straight to Imlil. The transfer is approximately 1hr15mins – we recommend to grab a bottle of water from the airport before leaving! If you arrive early or late and wish to have your own transfer we can arrange that for an additional cost.

You will spend the night at Imlil Lodge which is located just 20 minutes walking distance from the village of Imlil. With a delicious dinner provided for the group, this is a great time to bond with your fellow group members.

*There is the possibility of the time being adjusted depending on the group arrival time



DAY 2:

APPROACH THE TOUBKAL BASE CAMP (3206M)

Around 9:30am after a hearty breakfast at the lodge, your guide and mule(s) will arrive (preordered rental gear will be with your mule). After a quick hello and loading of the mules, you will depart on the trek. Heading along the Mizane Valley, you pass the village of Aremd and then onto the shrine of Sidi Chamarouch. Your route takes you along mule tracks and up into the high rocky cliffs above the valley. Crossing the river you eventually come to the pastoral shrine of Sidi Chamarouch, which attracts tourists and pilgrims.

This generally is the first stop of the day where you can get refreshments such as coffee, traditional moroccan tea, freshly squeezed orange juice, water and a range of snacks from the small cafes/shops around the shrine. You then continue on for another hour and a half or so before you reach the lunch spot, a small shelter tucked on the side of the trail where it's very common to spot mountain goats climbing above you in the mountain side. A delicious 3 course lunch is served by your expedition cook. From here the trail continues to climb steadily, snaking and zigzagging its way up to the refuge (3206m), where you will have a hearty dinner before spending the night.

*Generally in the summer months, you will be staying in tents just below the main refuge. Your guide and expedition cook will set them up for you on arrival, there will be a tent/mattress provided. The toilets and showers are inside the main building.

*There are 4 'shops' on the trail between Imlil and Base Camp where you can buy water, soft drinks, snacks and other various items (knitted woollen hats!).

12km 1450m up 0m down (6-8hrs)



DAY 3: SUMMIT DAY

Early in the morning you make your attempt on the summit of Toubkal, the highest peak in Northern Africa. The route takes you up the south cirque, crossing the stream above the refuge. The walking is relatively straightforward, but the scree and the altitude will make the going quite difficult in parts. The views along the way make the journey more than worthwhile.

When you reach the summit you can enjoy the breathtaking vistas across the surrounding landscape. From here there are unrestricted views in every direction, from the Marrakech Plain to the High Atlas in the north and as far south as the Anti-Atlas and the Sahara. You will retrace your steps to return down the mountain and spend the night at Base Camp.

*Many other groups only stay for one night at the refuge, but we've intentionally chosen a two-night stay to give you more flexibility and a more relaxed pace on summit day.

8km 1150m up 1150m down (6-7hrs)



DAY 4: **MARRAKECH!**

Today you head back towards Imlil and say goodbye to your wonderful guide team over a traditional cup of Moroccan tea and lunch. After lunch you transfer back to Marrakech (1hr15mins). You arrive in time for a wander around the souks and explore the Medina. Spend the night at a Riad in Marrakech.

11.1km / 79m up / 1515m down / 4-5hrs



DAY 5: **DEPARTURE DAY**

After a well deserved night's sleep in the Riad, it is time for one last breakfast before the trip ends and you make your journey home.

We also recommend adding on an extra night in Marrakech if you have enough time to do so and have an extra day to explore the sights or maybe have a traditional hamper and massage to ease those tired legs!

We arrange for one group transfer to the airport based on the flight times of the group. If you would prefer to book a private transfer it can be arranged for an additional cost.