

# **MONTE ROSA SPAGHETTI TOUR: FREQUENTLY ASKED QUESTIONS**

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We've compiled a list of the most commonly asked questions about this trip.

Hopefully you will find some of these useful but if you have a specific question that isn't covered in the FAQ's, then please do not hesitate to get in touch.

For more information please head over to our Monte Rosa Spaghetti Tour trip page [here](#).

## WHAT IS MONTE ROSA SPAGHETTI TOUR?

Nestled within the Monte Rosa massif are 17 recognised peaks (12 that are over 4000m). Over the course of 6 days you will aim to climb up to 10 4000m peaks including Breithorn (4164m), Castor (4428m) Pollux (4092m), Naso Lyskamm (4272m), Balmenhorn (4167m), Vincent Pyramid (4215m), Schwarzhorn (4321m), Ludwigshowe (4341m), Parrotspitze (4432m), Signalkuppe (4554m) and Zumsteinspitze (4562m). Phew..!

## WHAT IS THE BEST TIME TO CLIMB IN THE MONTE ROSA RANGE?

The best time to climb in the Monte Rosa range is typically from July to September, when the weather is warm and the snow is stable. However, conditions can vary greatly and it is always important to check the weather forecast and mountain conditions before attempting the climb.

## WHAT ARE THE GUIDES LIKE?

All of our guides are highly experienced and personable people. They have all been hand picked by us for their skills, character, and knowledge of the route on the Monte Rosa Spaghetti Tour and this is the most important thing when it comes down to making key decisions in the mountains and providing the best and safest experience for our clients. Our guides are of various nationalities and all speak a high level of English and are very attentive. Their primary role is to get you to the summit and back safely, but they add their personal touch with stories and interesting facts about the area, making for a well-rounded thoroughly enjoyable experience. They like to share their knowledge of the mountains and their experiences, so don't hesitate to ask questions and pick their brains.

## IS THERE WIFI IN THE MOUNTAIN HUTS?

No. All mountain huts are fairly basic and do not provide WiFi. Some huts will have phone signal but we cannot guarantee this will work at all times.

## WHAT SIZE BACKPACK SHOULD I BRING?

Your backpack should be between 35-45L. It is important that your backpack has an ice axe strap to stash your ice axe when you are not using it. Your backpack must also have a rain-proof cover. Think light-weight, remember you have to carry it!

## WHAT INSURANCE DO I NEED?

Let's face it, these types of trips don't come risk free. We're putting ourselves in amazing environments but also environments that carry an element of risk with them. In order to protect yourself adequately you will need a specialist travel insurance that caters for the types of activities you will be undertaking. It is a condition of our agreement that you are covered by adequate travel insurance for your arrangements. [Click here](#) to understand which one is for you.

### **CAN I CHANGE MY TRIP DATES?**

You can change your trip dates subject to availability and a €100 admin fee. Please contact us if you would like to explore changing your dates.