

"THERE ARE NO FOOLISH QUESTIONS AND NO MAN BECOMES A FOOL UNTIL HE HAS STOPPED ASKING QUESTIONS."

CHAMONIX WINTER ALPINE SKILLS: FREQUENTLY ASKED QUESTIONS

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We've compiled a list of the most commonly asked questions about this trip.

Hopefully you find some of these useful but if you have a specific question that isn't covered in the FAQ's, then please do not hesitate to get in touch.

For more information please head over to our Chamonix Winter Alpine Skills trip page [here](#).

WHAT'S IT LIKE STAYING IN A WINTER ROOM IN A REFUGE IN THE ALPS?

Staying in a winter room in a mountain refuge in the Alps can be a unique and memorable experience. Refuges in the Alps are typically basic and functional, providing shelter and a place to sleep for climbers and hikers who are exploring the mountains.

A winter room in a refuge will generally be a shared dormitory-style accommodation, with bunk beds and simple amenities such as blankets and pillows. Some refuges may offer additional facilities such as a communal dining room, cooking facilities, and a warm common room, while others may have more basic facilities.

In the winter months, conditions in the mountains can be harsh, with snow and cold temperatures, so it's important to be well-prepared for your stay in a winter room. You should bring warm and weather-appropriate clothing, as well as a sleeping bag and other personal gear, as facilities in the refuge may be limited.

IS THERE WIFI IN THE MOUNTAIN HUTS?

No. All mountain huts are fairly basic and do not provide WiFi. Some huts will have phone signal but we cannot guarantee this will work at all times.

CAN I STORE MY BELONGINGS WITH ADVENTURE BASE WHEN I'M IN THE HUTS?

Yes. For the duration of your trip you are able to store your belongings in your accommodation in Chamonix. Please note rooms are usually allocated on a twin share basis, in most cases sharing with others from your course. Please get in touch if you'd like a single supplement.

WHAT INSURANCE DO I NEED?

Let's face it, these types of trips don't come risk free. We're putting ourselves in amazing environments but also environments that carry an element of risk with them. In order to protect yourself adequately you will need a specialist travel insurance that caters for the types of activities you will be undertaking. It is a condition of our agreement that you are covered by adequate travel insurance for your arrangements. [Click here](#) to understand which one is for you.

CAN I CHANGE MY TRIP DATES?

You can change your trip dates subject to availability and a €100 admin fee. Please contact us if you would like to explore changing your dates.

WHAT SKILLS SHOULD I EXPECT TO LEARN?

Ice Climbing, Crampons Techniques, Ice Axe Techniques, Terrain Navigation, Traversing snowfields and glaciers, Crevasse Rescue (building snow anchors, pulley systems etc).

If there is anything specific you are interested in learning please let us and your guide know so we can make sure to cover it!

WHAT DO WE DO IF THE WEATHER IS BAD?

If the weather is too severe, we'll adjust the itinerary or offer alternative indoor training sessions. We'll keep you informed and ensure a rewarding experience.

WHAT SKILL LEVEL IS REQUIRED FOR THIS COURSE?

This course is designed for beginners to intermediate mountaineers. No prior alpine experience is needed, but a basic level of fitness and some rock climbing or hiking experience is recommended.

WHAT EQUIPMENT DO I NEED TO BRING?

Certain items can be rented from Adventure Base such as crampons, ice axe, helmet, harness, and trekking poles with snow baskets (you are able to add these to your cart at checkout). We use the latest kit from Black Diamond and Petzl, meaning you'll be using quality equipment at cheaper prices than if you were to rent from a local shop when you get here. Win! Please see [here](#) for the full packing list.

WHAT IS THE GROUP SIZE?

Group sizes are typically small, with a ratio of 3:1 participants per guide. This ensures personalised instruction and safety.

WHAT IS THE WEATHER LIKE IN CHAMONIX DURING OCTOBER/NOVEMBER?

Weather in the Alps can be unpredictable, with temperatures ranging from warm days to freezing conditions at higher altitudes. Always be prepared for changing conditions and early season snow fall. Safety is our top priority.